

# The 2023 Consumer: struggler or survivor?

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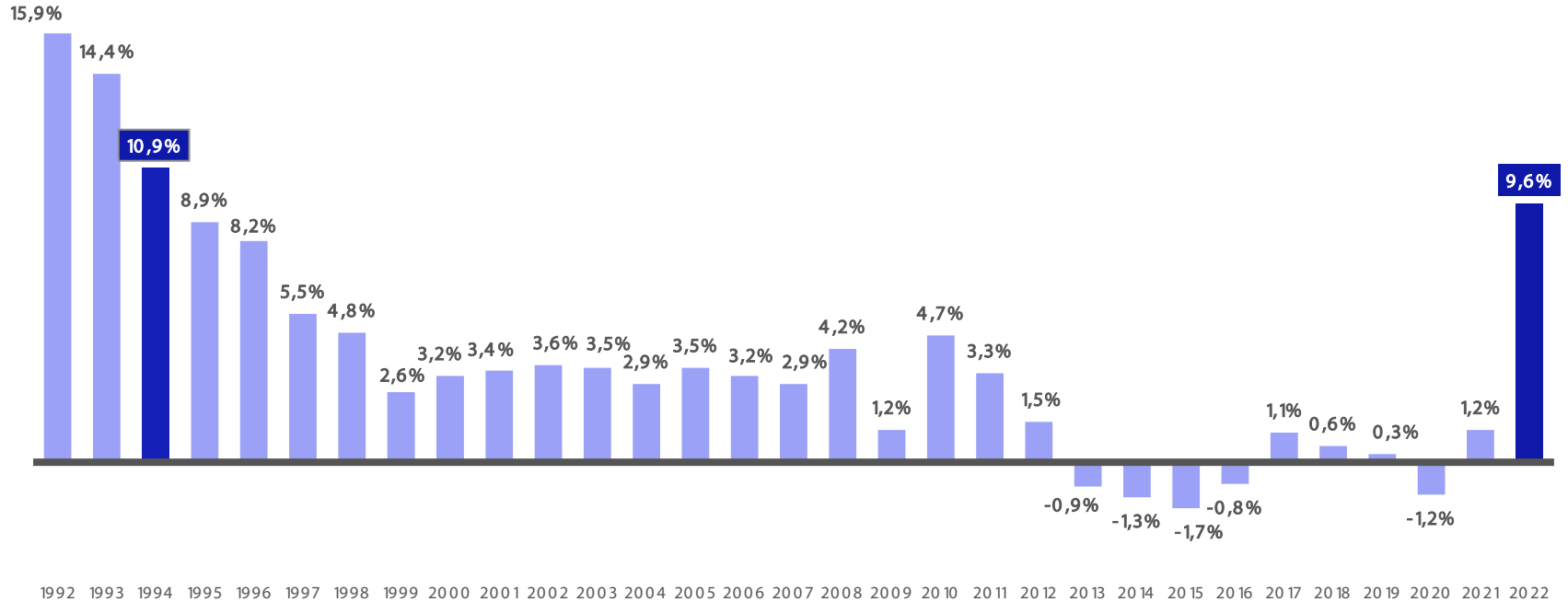
April 6<sup>th</sup>, 2023

**NIQ**



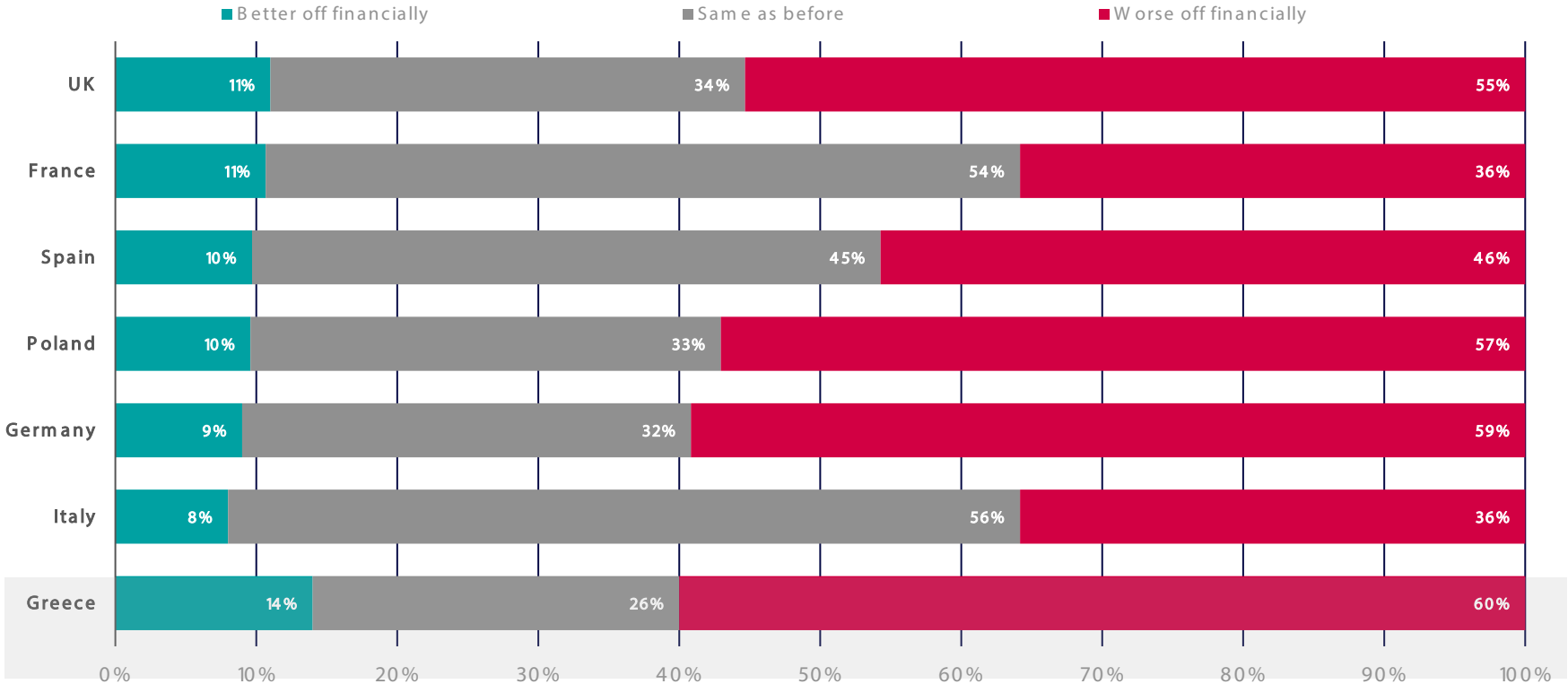
# An inflation not seen since 1994...

## Annual average inflation Greece - 2001 to 2022



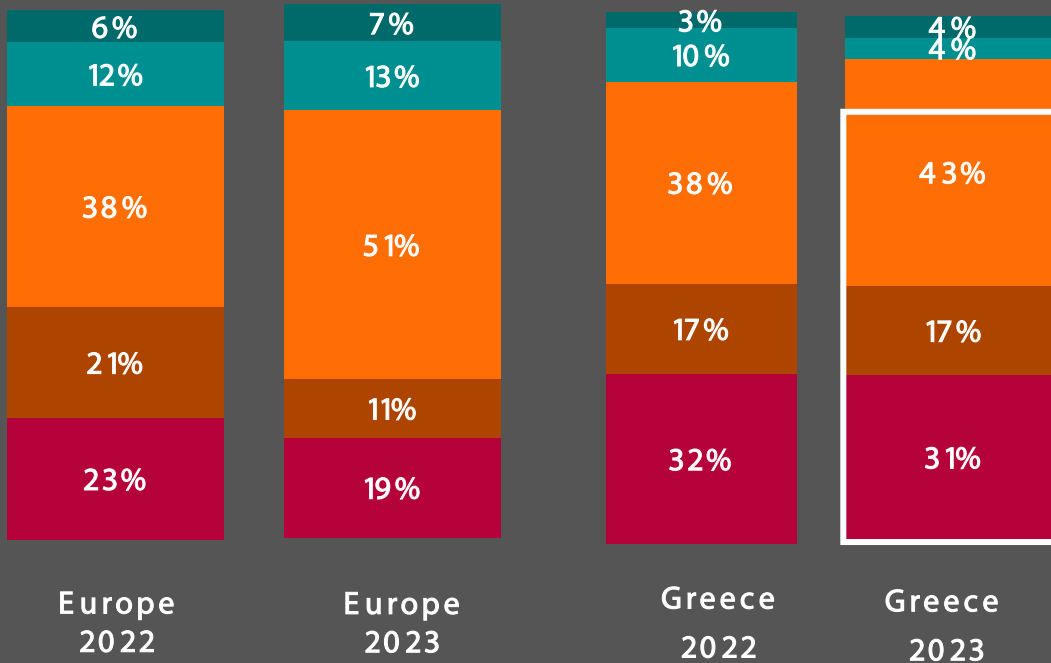
Source: ELSTAT

# Intense financial polarization in many markets



Source: NielsenIQ 2023 Consumer Outlook Survey  
Q. Compared to a year ago, would you say that overall your household is better off, the same, or worse off financially?

# The 2023 Economic Divide **Insecurity limits** spending power of consumers



## Thrivers

Saved money and feel more financially secure

## Unchanged

Not impacted and continue to spend the same

## Cautious

Not impacted financially but are cautious with spending

## Rebounders

Experienced income or job loss but now feel they are back on track

## Strugglers

Have suffered financial insecurity and continue to do so today

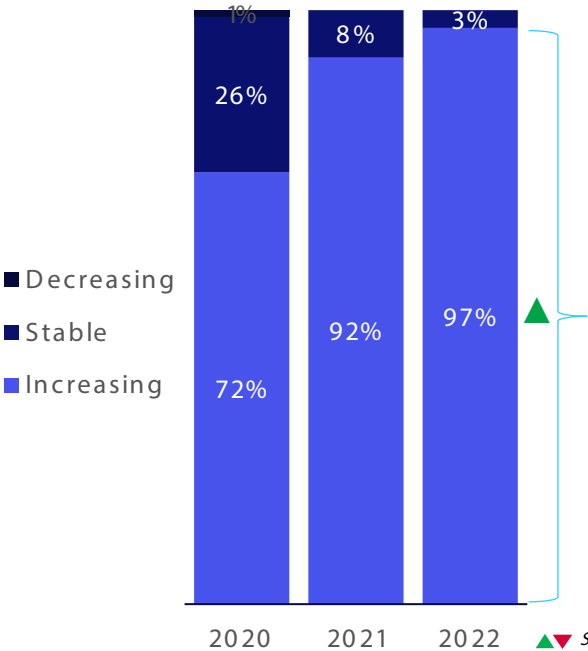
Source: NielsenIQ 2023 Consumer Outlook Survey, Greece vs. Europe

Q. Which of the following best describes how current events\* of the last year have impacted your overall household financial situation? \*Note: Question phrased more specifically to COVID-19 impact in Jan. 2022 & June 2022

# Almost all shoppers perceive prices increased

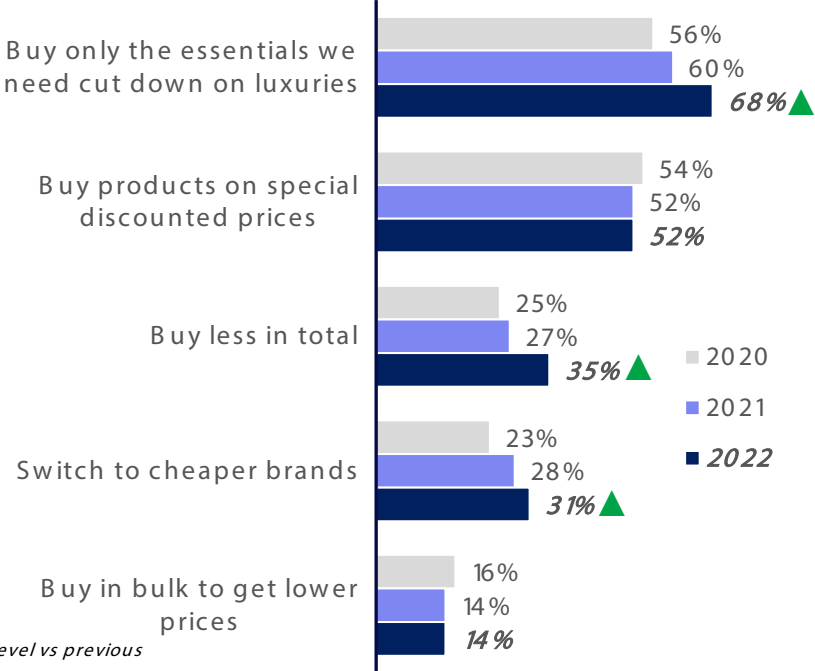
Compared to previous years, increased mentions for buying only the essentials or buy less in total or switch to cheaper brands. Secondary action addressing the price increase is buying on discounted prices

Perception of food prices



▲ ▼ Significant difference at a 95% confidence level vs previous wave

Response to rising food prices



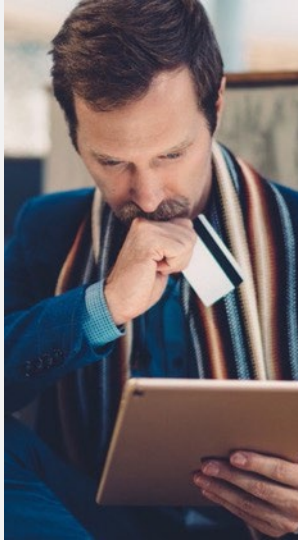
Ref. Q 125 Which of the following best describes your response to rising food prices?  
 Base: all who claim that food prices are increasing 2020 (n=722), 2021(n=928), 2022 (n=981)

Ref. Q79 Are food prices in your country...  
 Base: All HM/SM shoppers 2020 (n=996) 2021(n=1007) 2022 (n=1008)

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# Setting the spending tone for 2023

What's more important to Greeks in 2023?



**41%**

Mental wellness

Vs. 33% T Europe

**35%**

Physical wellness

Vs. 30% T Europe



**44%**

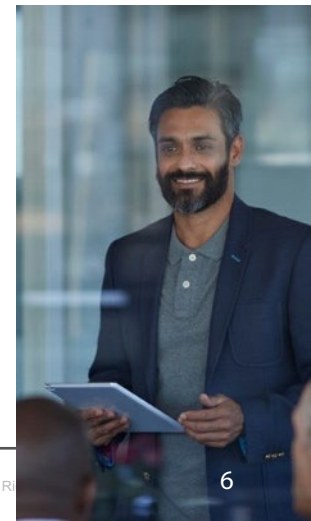
Financial / job security

Vs. 33% T Europe

**45%**

Saving for unforeseen circumstances

Vs. 24% T. Europe



# Understanding states of living

## Living

I am **spending more time at home** and going out less often **57%**

I am generally **more stressed** than I have been before **52%**

I am more **skeptical** about which **sources of information** I can trust **45%**

Recent events (COVID, Ukraine crisis etc) have made me realize that **“less is more”** and I don't need as much as I thought to be happy **35%**

I make **conscious decisions** on the impact my choices have on the **planet and society** **32%**

I prefer having the **ability to work from home** when I want to **28%**

# Understanding states of shopping and consuming

## Key behaviors

### Shopping

I **plan ahead** before I go shopping **66%**

I buy more **small personal luxuries** instead of spending on costly rewards **25%**

I prefer to shop **locally for things made** or sold within my community **24%**

I do most of my everyday shopping **online** **21%**

### Consuming

I only buy what I know I'll use to **avoid waste** **67%**

I **eat leftovers** more often **45%**

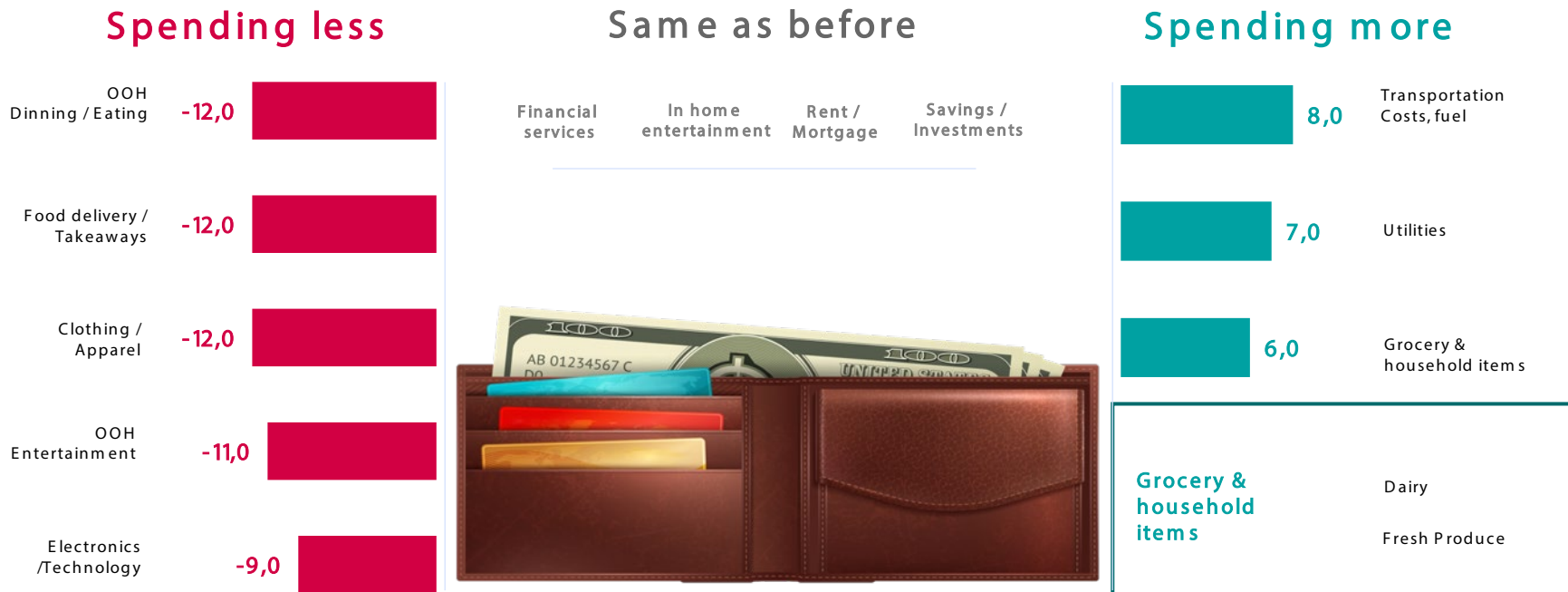
I try to consume products **made locally** or that support my local area **29%**

I find it **hard to eat/drink healthily** **22%**



# Wallet shifts during a pending recession

Grocery & Household categories central to 2023 consumer “spending more” intentions



Source: NielsenIQ 2023 Consumer Outlook Survey, Greece  
Indexed on avg. of net change in spending

# Willingness to pay more for well-being, environmental sustainable and social responsible products

# 49%

Will be willing to pay **MORE** for at least one product characteristic



**49%** Supports holistic health



**47%** Healthy snack foods



**41%** Environmental sustainable



**39%** Simplify routine



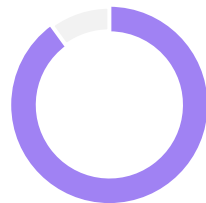
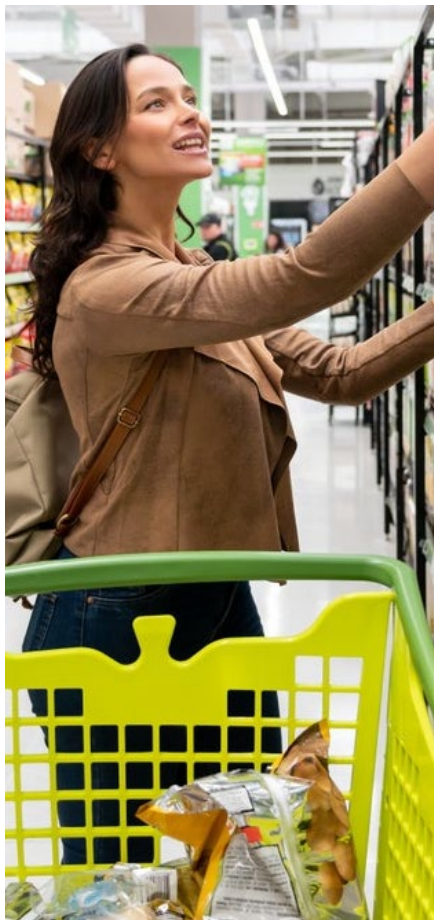
**34%** Private Label



**32%** Social Responsible

# Avoid product portfolio stagnation with renovation over innovation this year

Consumer response: seeking to justify the necessity of all purchases

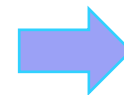
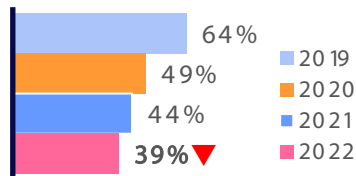


84%

of Greek companies are planning to launch new products in 2023

Willingness to pay premium for quality further decrease

I care about quality and I am willing to pay more



High-opportunity 2023 Innovation Archetype:

## Defenders

Short-term investments that drive excitement

*Product innovations that defend your brand.*

**Action:** Innovation strategically in the short-term to survive economic hurdles. Explore proactive “renovation” to add justification & excitement around buying your brand.



## NIQ Risk Watch: Health & Wellness

### The rising costs of healthy living

**Consumer response:** Those who need to it most will struggle to afford to pay for their health & wellness wants and needs.

**63%**

of Greeks is **most important** to protect themselves and/or their family members from health threats

**Lack resources for preventative health and active seeking behavior**

**30%** are **PROACTIVE** with their health

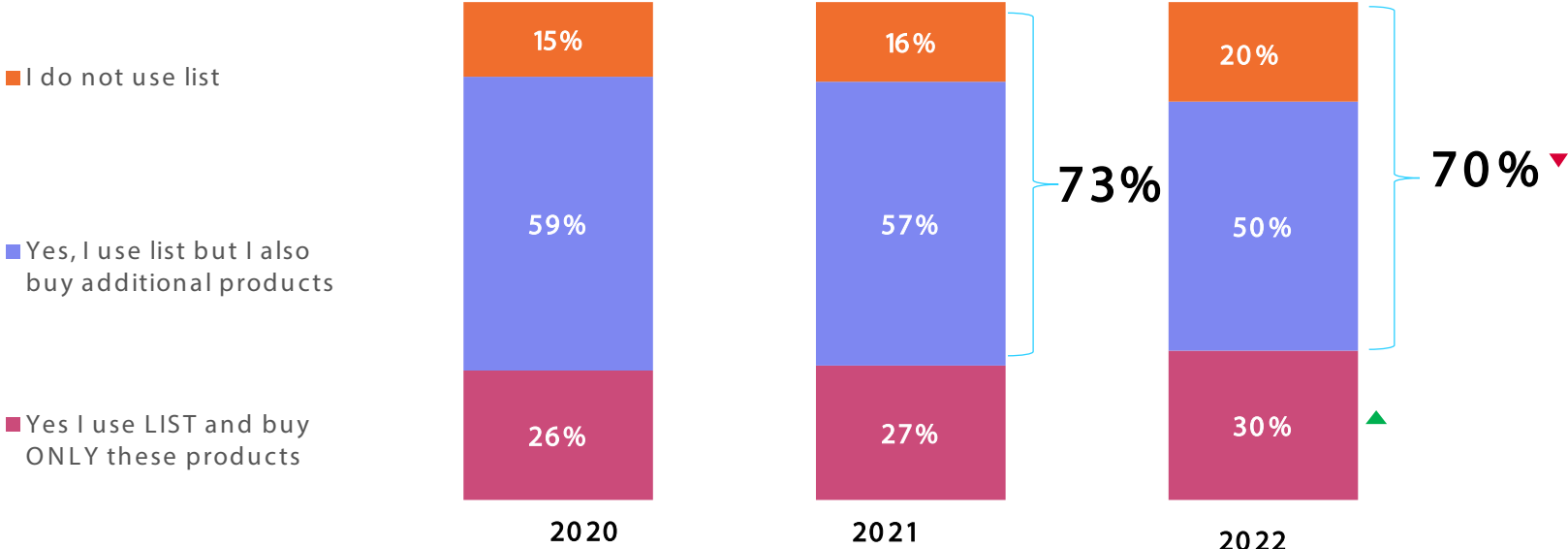
**72%** are **PASSIVE** with their health

**Action:** Cater wellness offerings to polarized spenders – enable affordability across a spectrum of healthy goods

# Opportunity for successful instore still at high level 70%.

Increased importance of buying only the products that are in the list.

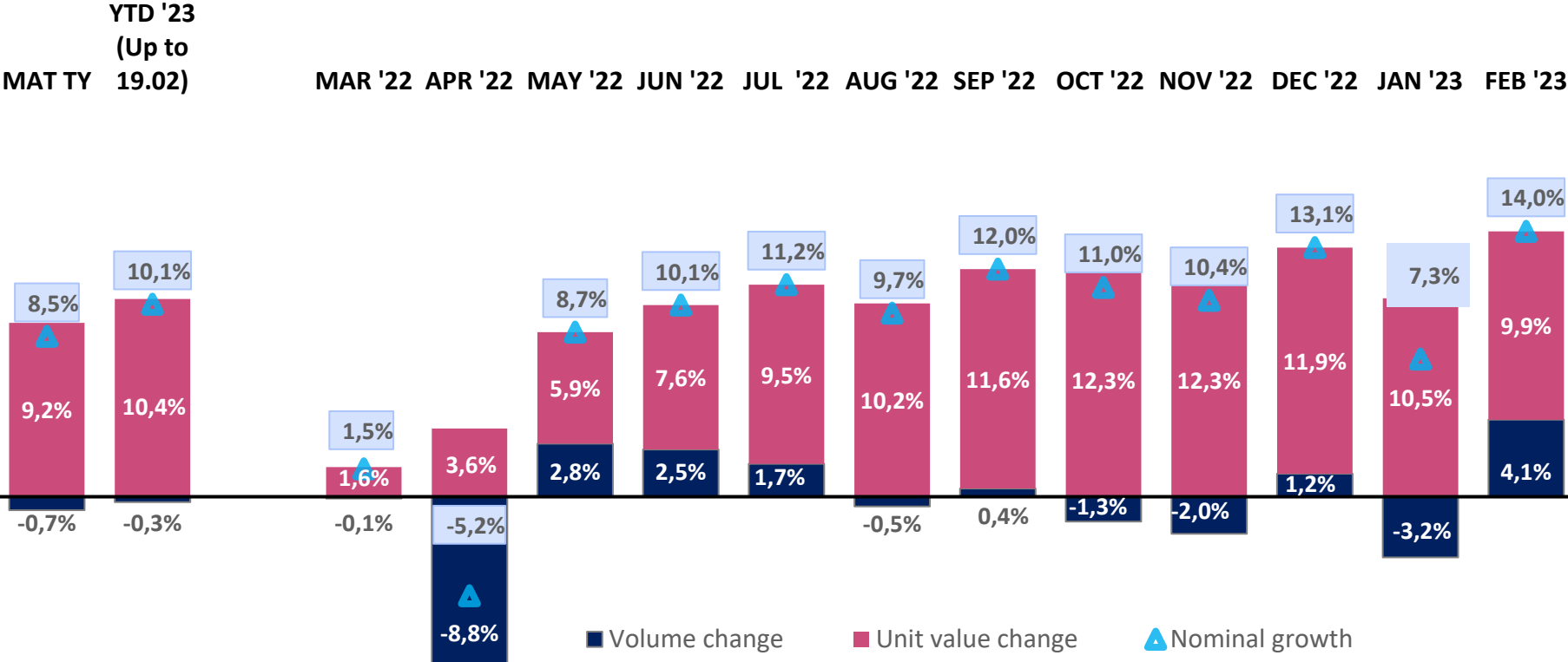
## List usage



Ref. Q89 do you prepare any list with the products you want to buy or not? If yes: Most of these times, do you buy only products that are on your list or buy some additional products Base: All HM/SM shoppers., 2020 (n=996, 2021(n=1007), 2022 (n=1008)

▲ ▼ Significant difference at a 95% confidence level vs previous wave

# Opportunity for successful instore still at high level 70%.



# The Full View™